

FIRST STEP BACK HOME, INC.

Faith-Based, Christ Centered Christian Homeless Ministry
501(c)(3) Public Charity www.firststepbackhome.net

Survival Food Bags – Items Needed

(Each food bag is designed to provide a 2-day supply of food for the homeless that we shelter in local motels. Sending “too much” will only result in waste if the person cannot transport any leftovers when they depart. For each bag, please provide the following non-perishable items so that the boxes are complete & consistent.)



- ___ 1 Box of Breakfast bars or Granola bars (4 to 6 count)
- ___ 4 Individually wrapped Tea Bags & 4 Coffee Bags
- ___ 4 Individual packets of Cocoa/Hot Chocolate
- ___ 1 Plastic Jar of Peanut Butter (16 oz size)
- ___ 1 Box of Club or Ritz crackers
- ___ 1 Plastic bottle of Apple Juice (48 oz size)
- ___ 4 Pull-top cans of Stew, Ckn & Dumplings, Chili, etc.
(no cans requiring a can opener)

- ___ 1 Small Package of cookies
- ___ 1 Bag of Trail Mix (26oz) or Box of 8 Individual packets
- ___ 1 Small notebook or tablet with a writing pen
- ___ Optional – Card or Note of Encouragement

When the bag(s) are ready, please text or call Sue Miller (Volunteer Inventory Coordinator) at 636-734-0855 to schedule a pick up

FSBH Inventory Coordinator will add the following items to the bag(s):

- ___ 3 paper plates
- ___ 4 microwavable bowls
- ___ 4 Styrofoam cups (16oz size)
- ___ 4 sets of plastic ware (spoons & knives)
- ___ 8 Sugar / Sweetener packets

*For I was hungry and **you gave me something to eat**, I was thirsty and you gave me something to drink, I was a stranger and you invited me in, I needed clothes and you clothed me, I was sick and you looked after me, I was in prison and you came to visit me. (Matthew 25:35-36 NIV)*